I hope this message finds you well. The global pandemic has made the past year challenging and difficult, both personally and professionally. During this time, the NASPEM board and members have been busy coming up with innovative and creative means to keep NASPEM functioning at a high level by providing virtual content, reimagining the website, and planning the 2022 NASPEM Biennial Meeting! It is our hope to continue offering virtual opportunities [Seminar Series and Research Forum], state-of-the-art content on our website, and the resumption of the Biennial Meeting in Saskatoon, Saskatchewan in 2022. This revival of the NASPEM newsletter provides an overview of the happenings of the past year, as well as highlighting the accomplishments of the organization and members. We will be launching a membership campaign “Be a Member, Bring a Member” to help grow our NASPEM community. We will be counting on all of our current members to make this initiative a success! Stay safe and be well!

Our Mission
Promote exercise science, physical activity and fitness in the health and medical care of children and adolescents

“MOVING FORWARD” A CONSENSUS STATEMENT ON HEALTH, EQUITY, INCLUSION, AND PROGRESS
As a member organization of the Joint Commission on Sports Medicine & Science, NASPEM was proud to serve as one of the Initial Signatory Organizations and has a commitment to health, equality, inclusion, and program in our organization and in our field.
Earlier this spring, the NASPEM website was overhauled including updates, new features, and the activity to join/renew memberships directly through the site. A special thank you to Dr. Kimbo Yee and Dr. Sarah Moore for spearheading this project. As you browse the new website, you can check out the following features, just to name a few:

- Blogs written by NASPEM members and content experts
- Member profiles
- Direct access to the journal *Pediatric Exercise Science*
- Archived Seminar Series and Virtual Research Forum presentations. Did you miss a seminar or research forum? Check out our YouTube Channel!

Due to the cancellation of the 2020 NASPEM biennial meeting, a virtual Seminar Series featuring some of the meeting’s keynote speakers was presented. This series was a huge success and will continue to be a permanent part of NASPEM offerings. Additionally, the speakers authored blogs that can be found on our website!

A new feature that was sponsored by NASPEM was the Virtual Research Forum. Ms. Christine Tallon and Dr. Ali McManus hosted the Virtual Research Forums and recruited excellent speakers and panels to showcase different research areas that included investigators in different stages of their careers.

**Register Now!**

**Be a Member, Bring a Member**

Attention NASPEM members! Do you have a colleague in the area of pediatric physical activity or medicine? A student you are mentoring? Someone who would make contributions to the NASPEM community? The NASPEM Board is currently instituting a campaign to grow our community and increase the diversity of our membership. For every member you recruit, you will be entered into a drawing for some great NASPEM swag (shirts, insulated cups, etc.). We hope all members will be involved in the BE A MEMBER, BRING A MEMBER campaign!
2021 Marco E. Cabrera Memorial Scholarship Award

The Scholarship Committee is currently accepting proposals for the 2021 Marco E. Cabrera Memorial Scholarship Award. Dr. Marco E. Cabrera (1954-2009) was a dedicated pediatric exercise scientist and the Director of the Systems Modeling System at Case Western Reserve University. Dr. Cabrera’s research focused on mechanisms for regulating muscle metabolism during exercise in children with the goal of improving daily functioning of patients with chronic cardiovascular and pulmonary disorders. He was dedicated to student learning in pediatric exercise. His research and participation in NASPEM and the European PWP meetings, as well as his leadership with ACSM’s Pediatric Special Interest Group, are deeply missed. Dr. Cabrera’s contributions to NASPEM and the field of pediatric exercise science have continued posthumously through the establishment of the annual Marco Cabrera Student Research Award. Materials and criteria for the award can be found at: https://www.naspem.org/trainee-awards/ Proposals are due June 1st!

How can you be involved?

☑ Volunteer for a committee
☑ Recruit new members
☑ Contact the board if you have connections for sponsorship
☑ Provide ideas for engagement and new initiatives

Save the Date!

2022 Biennial Meeting
University of Saskatchewan
August 3 - 6, 2022