

NASPEM News

Spring 2022 / Newsletter

President's Message

DAWN P. COE, PH.D., FACSM



I hope this message finds you well. As we continue to navigate through these challenging times, the NASPEM board and members continue to provide engagement opportunities while planning the **2022 NASPEM Biennial Meeting!** We plan to resume the Biennial Meeting in Saskatoon, Saskatchewan this summer *in person!* Keynote speakers have been confirmed and the program will be excellent. We are looking forward to seeing everyone at the meeting! The NASPEM Awards Committee chose 3 deserving trainees who received the 2021 Marco Cabrera Memorial Scholarship Awards (more detail in the newsletter). We have been slowly growing our membership numbers through our recruitment campaign **"Be a Member, Bring a Member"** and the Career Café virtual event held in January. Please be active in helping us to increase our membership. We are currently planning **Virtual Cafés** for clinical and professional members to allow for engagement opportunities for all members throughout the year. Stay safe and be well!

Our Mission

Promote exercise science, physical activity and fitness in the health and medical care of children and adolescents.

Deadlines Extended!!!

The Planning and Scientific Committees for the 2022 Biennial Meeting have announced that the deadline for abstract submission has been extended to **April 15, 2022.**

The Awards Committee will also be extending the deadline for the Marco Cabrera Memorial Scholarship to **April 15, 2022.**



NASPEM

NORTH AMERICAN SOCIETY
FOR PEDIATRIC EXERCISE MEDICINE



Check out the
updated website!

www.naspeem.org

Follow us on
Social Media!





NASPEM 2022: *The Child's Right to be Fit*

The 2022 NASPEM Biennial Meeting will be held from August 3-6th in Saskatoon on the campus of the University of Saskatchewan. This conference will feature distinguished researchers and keynote speakers with presentation topics spanning a diverse range in pediatric exercise medicine. The theme for this year's conference is "The Child's Right to be Fit." For information about the conference and the Call for Abstracts, please visit <https://kinesiology.usask.ca/naspe2022/>. On this site, you will be able to find information regarding the conference, keynote speakers, destination details, and you will be able to register for the conference and book your hotel room.

Important Travel Information

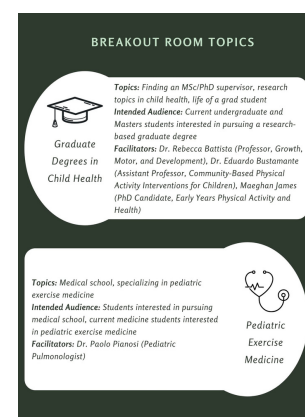
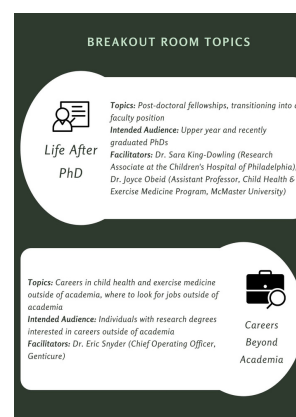
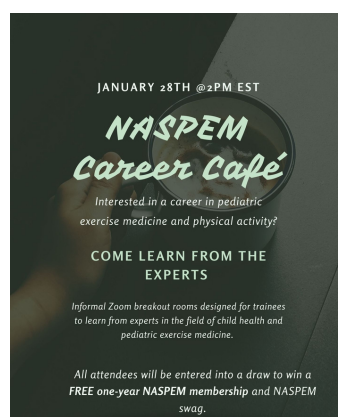
- Starting April 1, fully vaccinated travelers will not be required to complete a pre-arrival COVID-19 test when arriving in Canada.

Important Dates

- March 1:** Early bird registration opens
- April 15:** The Call for Abstracts closes
- May 31:** Early bird pricing ends

NASPEM Career Café

In January of 2022, the first **NASPEM Career Café** was held virtually. This event allowed trainees to meet with experts within the NASPEM community. We had ~30 trainees in attendance and received excellent feedback from this event. Be on the lookout for more of these opportunities in the future!



NASPEM All-Star

Dr. Becki Battista
NASPEM Board Member



Dr. Battista is a current NASPEM board member and is a Professor in the Department of and Director of the Office of Student Research at Appalachian State University. Dr. Battista was recently appointed by the Physical Activity Alliance as one of the Principal Writers of the **Physical Activity Recommendations for Children and Adolescents: More Important Than Ever** White paper.

<https://paamovewithus.org/white-papers/>

Dr. Battista wrote the **Physical Activity Recommendations for Middle School Youth** document along with fellow NASPEM members **Dr. Megan Holmes** and **Dr. Karissa Peyer**.

We are proud of Dr. Battista's work and the impact that she has on the field of pediatric exercise science!



PHYSICAL ACTIVITY ALLIANCE
MOVE WITH US

Be a Member Bring a Member

Attention NASPEM members! Do you have a colleague in the area of pediatric physical activity or medicine? A student you are mentoring? Someone who would make contributions to the NASPEM community? The NASPEM Board is currently instituting a campaign to grow our community and increase the diversity of our membership. For every member you recruit, you will be entered into a drawing for some great NASPEM swag (shirts, insulated cups, etc.). We hope all members will be involved in the **BE A MEMBER, BRING A MEMBER** campaign!



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Marco E. Cabrera Memorial Scholarship Award 2021 Winners 2022 Call for Proposals

We would like to congratulate the winners of Marco E. Cabrera Memorial Scholarship Award. We received a number of excellent proposals and the following students and their advisors were chosen as the 2021 recipients:

1st place (\$1500) | **Madelyn Byra** | **Dr. Joyce Obeid**
2nd place (\$1250) | **Jonathan Low** | **Drs. Ali McManus**
and **Paul Pianosi**
3rd place (\$1000) | **Elizbeth Ball** | **Dr. Joyce Obeid**



The Scholarship Committee is currently accepting proposals for the 2022 Marco E. Cabrera Memorial Scholarship Award. Dr. Marco E. Cabrera (1954-2009) was a dedicated pediatric exercise scientist. Dr. Cabrera's contributions to NASPEM and the field of pediatric exercise science have continued posthumously through the establishment of the annual Marco Cabrera Student Research Award. Materials and criteria for the award can be found at: <https://www.naspem.org/trainee-awards/> Proposals are due **April 15th!**

How can you be involved?

- ☒ Volunteer for a committee
- ☒ Recruit new members
- ☒ Contact the board if you have connections for sponsorship
- ☒ Provide ideas for engagement and new initiatives

info@naspem.org



**Abstract Deadline
Extended!**
Now Due on April 15th

2022 Biennial Meeting
University of
Saskatchewan
August 3 - 6, 2022