

NASPEM News

Fall 2023 / Newsletter

President's Message

SHANNON SIEGEL, PH.D., FACSM



I hope you are well, and have had time to do the things you love. As we move into Fall 2023, the NASPEM board and members will continue to offer engagement opportunities for all. To better serve our clinical community, Board Member Dr. Paolo Pianosi designed and executed a 2-day course on pediatric cardiopulmonary testing-**PreCEPT**-in Minneapolis, the last weekend of August. By all accounts (see below) it went exceptionally well and has laid the groundwork for future clinically-focused workshops. Next year's **Biennial Meeting** will be held in Louisville, Kentucky (7-10 August 2024). The Scientific Committee is working on themes and speakers, and the BOD is obtaining sponsorships. If you have suggestions for either topic, please drop us a note: info@naspem.org

The Awards Committee chose three deserving trainees for the 2023 Marco Cabrera Memorial Scholarship Awards (see below for more detail). Please be active in helping us to increase our membership by sharing our activities and encouraging colleagues and students to join us. We are currently planning Virtual Cafés and webinars for clinical, professional, and student members to allow for engagement opportunities throughout the year.



Save the dates! 2024 NASPEM Biennial Meeting

Start making plans to attend the 2024 NASPEM Biennial Meeting in **Louisville, Kentucky!**

Dates for the meeting are **August 7-10th**. Planning is underway and we anticipate an outstanding speaker lineup along with an excellent social experience. Make sure to follow our social media for conference updates!



NASPEM
NORTH AMERICAN SOCIETY
FOR PEDIATRIC EXERCISE MEDICINE

www.naspem.org



Follow us on
Social Media!



Louisville Teasers



Becki Battista visiting the Twin Spires at Churchill Downs - Historical site of the Kentucky Derby in Louisville.



Louisville KY

Hello from the President-Elect

REBECCA BATTISTA, PH.D., FACSM



Wow - it is hard to believe it is Fall already! Over the last year, NASPEM has truly elevated its offerings with engaging webinars, valuable workshops (PRECEPT), and the introduction of a new student membership fee to encourage student engagement. These efforts will pay off as we continue to expand our influence. The upcoming year certainly holds even more excitement as we gear up for NASPEM 2024 in Louisville.. Thank you to the dedicated Board members for their relentless efforts in making NASPEM the ultimate hub for pediatric research. I hope you begin to feel the anticipation build as we plan for our Biennial Meeting - I am excited to be a part of this journey.

Congratulations to newly-elected ACSM Trustees

A quick shout out to three of our NASPEM Board members who were recently elected as ACSM Trustees.

Becki Battista

Basic & Applied Science

Eddie Bustamante

Health Equity/Diversity/Inclusion

Dawn Coe

Education & Allied Health



In memoriam

Sadly, we lost two of our own this year. We wish to remember and honor two members who in addition to being wonderful human beings, made such significant contributions to the field of pediatric exercise science and NASPEM itself.



*Dr. Diane Stanton Ward
University of North Carolina
Chapel Hill*



*Dr. Don Bailey
University of Saskatchewan*

Revision of the Bylaws

Over the past several months, the bylaws have been significantly revised by the NASPEM Board of Directors. The bylaws will be sent to the general membership for commentary and further revisions.

We look forward to your feedback.



Board of Directors

Shannon Siegel, PhD, President
University of San Francisco

Dawn P. Coe, PhD, Past President
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CHEO Research Institute

Leah Taylor, MSc, Student Rep
University of Western Ontario

Craig Williams, PhD, PES Editor
University of Exeter



Marco E. Cabrera Memorial Scholarship Award 2023 Winners

We would like to congratulate the winners of the Marco E. Cabrera Memorial Scholarship Award. We received a number of excellent proposals and the following students, the universities they represent, and their advisors were chosen as the 2023 recipients:

Samantha Morin | McMaster University | Dr. Joyce Obeid
Kate Samsum | University of British Columbia | Dr. Ali McManus
Sofia So | Dalhousie University | Dr. Sarah Moore

The Awards Committee will be releasing information relevant to 2024 award cycle as well as a call for proposal submissions soon. The submission deadline will be 15 May 2024.

Dr. Marco E. Cabrera (1954-2009) was a dedicated pediatric exercise scientist. His contributions to NASPEM and the field of pediatric exercise science have continued posthumously through the establishment of the annual Marco Cabrera Student Research Award. Materials and criteria for the award will be available when the 2024 submission cycle opens. Information about the award can be found at: <https://www.naspeem.org/trainee-awards/>

**”NASPEM MEMBER
AREA OF INTEREST
SURVEY**



The NASPEM Board of Directors appreciates your willingness to complete this short survey to determine the interest and areas of expertise of our members. This information will be used as we begin new initiatives to find potential members for committees or panels and also to assist if we are asked to provide commentary in the media or consultation to outside organizations. Thank you!

Thank you and Welcome



A huge thank-you to Dr Ali McManus for her extensive work and support as the Editor of Pediatric Exercise Science (PES) for the last few years (2019-2023). We truly enjoyed working with her in this role and will miss her



A similarly huge welcome to Dr Craig Williams who is coming on as the new Editor of PES. Craig has already shared some terrific ideas about future plans for PES, and we look forward to sharing our passion for pediatric exercise science.



Photo: P Pianosi



Photo: S Aizik



Photo: S Aizik

PreCEPT

From practicum organizer Dr. Paolo Pianosi:

The inaugural **PreCEPT--Practicum on Exercise in Children for Exercise Physiologist/Physicians & Therapists/Technologists--** was held in the Wilf Conference Center, Fairview Masonic Children's Hospital, at the University of Minnesota in Minneapolis, Aug. 26-27th.

PreCEPT was attended by 27 registrants, seven faculty, and could not have taken place without our volunteers who conducted or performed live demonstrations of cardiopulmonary exercise testing techniques in children.

Attendees hailed from Australia, Canada, and the US; comprising PhD researchers, Exercise Physiologists, Cardiologists, Pulmonologists & Respiratory Therapists. The course offered a mix of didactic lectures that were typically followed by lively discussion, to the point where the program was altered to accommodate this unexpected, but welcome, exchange of view & ideas.

The highlight lecture was given by Dr. Mike Joyner of Mayo Clinic who discussed implications of transgender athletes in sanctioned competition(s). Didactic talks were supplemented by four live demonstrations in total: two of non-invasive cardiac output measurement during incremental exercise, one of tidal flow-volume loop measurement during a ramp protocol, & a final demo of continuous laryngoscopy during exercise with images of our volunteer's laryngeal activity during cycle ergometry projected onto multiple monitors for attendees to observe. Feedback has been very positive, and we learned many lessons from this initial experiment.

A final shout out to our sponsors: NASPEM, Pediatric Exercise Research Center (PERC) at UC Irvine, Children's Hospital of Philadelphia, University of MN; & our corporate sponsors: Vyair, MA Tech Services Inc, & MedGraphics Corp.

How can you be more involved in NASPEM?

- ✓ Volunteer for a committee
- ✓ Recruit new members
- ✓ Contact the board if you have connections for sponsorship
- ✓ Provide ideas for engagement and new initiatives
- ✓ Complete the NASPEM Member Area of Interest Survey

info@naspem.org

**NASPEM 2024
Sponsorship
Information Package**

